

Zionette

United Zion Retirement Community

Volume 22, Issue 2

February 2010

February is the 2010 Winter Olympics!

The 2010 Winter Olympics are here!!

The **Winter Olympic Games** are a winter multi-sport event held every four years.

They feature winter sports held on snow or ice, such as Alpine skiing, cross-country skiing, figure skating, bob-sledding and ice hockey. Cross-country skiing, figure skating, ice hockey, Nordic combined, ski jumping, and speed skating have been competed at every Winter Olympics since 1924. Other athletic events have been added as the Games have progressed. Some of these events, such as luge, short track speed skating, and freestyle skiing have earned a permanent spot on the Olympic program. Others, like speed skiing, bandy, and skijöring have been demonstration sports but never incorporated officially as an Olympic sport.



The Olympics start on February 12 thru February 28th.

If you would like a complete schedule of events please let us know! Join us for our own UZRC Olympics. Look at the calendar and channel 3 for up to date info!

Superbowl Party Anyone??

We will be holding a Superbowl Party in the Scenic View Lounge on February 7th! Join us starting at 6pm to watch the game on the big screen!

Bingo Change!!

Bingo will still be taking place the first week in February - just notice the date change from Wednesday the 3rd to Tuesday the 2nd!

Special Music Event!

Willie and Rodi Longenecker will be here **February 3rd at 10am** in the chapel. They would love to share their talents with you!

Join us for the return of the **Day at the Spa! Thursday, Feb 11th** starting at 10am in the Activity Room! Come get your nails done professionally!

February 5th is National Wear Red Day! This is to support the American Heart Associations fight for cardiovascular disease.

February Birthdays UZRC Residents

2/3 Mae Wingenroth
2/5 Irene Gehr
2/10 Kathryn Howland
2/16 Betty Valuch
2/17 Lorraine Wagaman
2/18 Esther Usner
2/22 Arlene Reppert
2/29 Rhoda Hoffer

Special Birthday greetings to **Rhoda Hoffer** who's birthday is technically February 29th making her a leap year baby!

UZRC Staff

2/8 Linda Fahnestock
2/17 Thane Gehret
2/18 Jessica Wolf
2/19 Justin Hurst & Imelda Zahn
2/20 Ryan Deininger
2/24 Patricia Bair & Patricia Ketner
2/27 Allison Oberg
2/28 Deborah Gress

Don't forget to check out channel 3!

Outings and Special Events in February:

NURSING CARE:

Country Cruise will take place Feb 22nd at 1:30pm!

Resident Council will take place Feb 23rd at 3pm.

PERSONAL CARE:

Shopping trips Monday and Fridays at 9am.

Resident Council - Feb 3rd at 12:30pm in the Chapel

Valentine's Party - Feb 9th at 5pm in dining room!

2/10 - Mall Trip to Park City bus leaves at 1pm

2/16 - Tuesday Morning Movie to see "Bell's of Saint Mary's" at Penn Cinema Cost is \$6.50 plus money for snacks bus leaves at 9:30am

APARTMENTS AND COTTAGES:

Shopping trips Monday and Fridays at 9am.

2/6 - Travelogue "Beneath the Jungle and Beyond" FREE Bus leaves at 1:15pm

2/7 - Masonic Village Model Railroad Display FREE Bus leaves at 1:15p

2/10 - Mall Trip to Park City bus leaves at 1pm

2/13 - "Fire and Ice Festival" downtown Lititz you must purchase a \$5 button for entry. Time to leave is still being determined.

2/15 - Lunch Outing to the Airport Diner bus leaves at 11am

2/16 - Tuesday Morning Movie to see "Bell's of Saint Mary's" at Penn Cinema Cost is \$6.50 plus money for snacks bus leaves at 9:30am

2/16 - Cottage Social in Community Room starts at 1:15pm

2/17 - Apartment Council 1:15pm in Library

2/18 - Blood Pressure Checks and Home Safety checks in the community room at 1pm

2/26 - Hershey Symphony Concert "Spanish Sizzle" Cost \$10 Bus leaves at 7pm

March 2 - "Cats" Lebanon HS Production FREE bus leaves at 6:15pm

****PLEASE CONTACT ANNA SMITH TO ATTEND ANY SPECIAL OUTINGS FOR APARTMENTS AND COTTAGES AT 625-3056.**

The Lititz Fire and Ice Festival is back!

UZRC will be entering Nancy Shelley's top chili recipe looking for top honors again this year!

Our theme is At the Hop (1950's). If you'd like to help please let us know!

We need more people to help get folks excited about our chili!!

To tie into our Fire and Ice theme we will be hosting a Sock Hop on February 11th at 2pm in the activity room. Come in your best greaser or poodle skirt outfit. If you need help let us know. We have some scarf's and other fun accessories we can dress you up in!

All monies raised for the chili cook-off as well as our semi-chocolate stroll will go to the Mennonite Central Committee in relief efforts for the Haiti earthquake victims.

Annual Semi-Chocolate Stroll

**February 26th
from 2p-4p**

Please start your tour at the activity room to receive your map!

Find the Hearts!

Love is everywhere at UZRC! Get your heart pumping as you search for the 15 Hearts that are scattered around UZRC! They could be found anywhere! The first person to be able to tell Jessica where all 15 hearts are will receive a prize!

GOOD LUCK!

SPECIAL EVENTS IN FEBRUARY

- 2/2 Groundhog Day!
Bingo Change Today!
- 2/3 Gospel Program & Grand Pals
- 2/4 Lititz Wesleyan Church Service
- 2/5 Children from Calvary Church!
- 2/7 Superbowl Party!
- 2/10 Independent Christian Church Service
- 2/11 A Day at the Spa & UZRC Sock Hop
- 2/12 Opening ceremony for the Winter Olympics
- 2/14 Happy Valentine's Day!
- 2/15 Valentines Event with Nice and Easy Music
- 2/16 UZ Olympics Opening Ceremony & Old Country Church Service
- 2/18 Slideshow with Mr. Boose
- 2/25 Noodle Hockey Tournament
- 2/26 Semi-Chocolate Stroll
- 2/28 Closing Ceremony for Winter Olympics

Karen Risser, our volunteer coordinator will be leaving us with her last official day on January 31st. Please tell her thank-you for all her work and time here at UZRC!!