

Zionette

United Zion Retirement Community

Let's go cruisin' this month!

Volume 22, Issue 8

August 2010

Geography Bee!

We're trying something new! Come test your knowledge of world geography at the Geography Bee! We will be gathering on Wednesday, August 11th at 2pm in the Activity



A program entitled Spiritual Meditation with Debbie and Family will be presented on Monday, August 2nd at 3:30pm in the Activity Room. Please join us for this special program.

Join us for a Lemonade Concert on Thursday, August 5th at 2pm in the Activity Room with Linda and Dan Arnold!



Join us Monday, August 16th starting at 9:30am when we will be shucking corn and preparing beans. We will be sending them to our kitchen for them to prepare and then we will be able to enjoy the fruits of our labor sometime that week at lunch! We will also be shucking corn to be put up for us to enjoy over the winter months! We need lots of help so come out for the fun!

August Birthdays UZRC Residents

- 8/4 Agnes Hess
- 8/5 Mary Jane Fisher
- 8/6 Carol Row
- 8/7 Mary Boylan, Donna Hackman & Harold Martin
- 8/10 Mary Rutt
- 8/11 Priscilla Martin
- 8/12 Thelma Cochran & Verna Siegrist
- 8/13 Marilyn Feister
- 8/15 Gloria Ketterman
- 8/16 Faye Frey
- 8/19 Peggy Hart
- 8/21 Paul White
- 8/24 Anna Cobaugh 103!!
Eunice Harris

UZRC/Rehab Care Senior Health Fair!

Come out to the Activity Room and Sunroom between the hours of 11am and 3pm on Tuesday, August 10th for this special event.

You will have the opportunity to do balance screening, strength testing and blood pressure screening. A yoga demonstration will be offered as well as information about UV skin protection, stroke prevention and home safety. A certified pedorthist will be here offering information about diabetic shoes and nutritional information with healthy snacks and their recipes will be available!

Vendors from Ephrata Medical Equipment, Manheim Medical, Senior Helpers, Mobilex, Lititz Rec Center and more will also be here offering information about their services. Door Prizes will also be given out!

Mark your calendars and join us for this great event!

UZRC Staff

- 8/1 Donald Heisey & Judi Neill
- 8/3 Meghan Ditzler
- 8/6 Emily Maldonado
- 8/11 Adam Graffius & Jacklyn Grube
- 8/12 Ruth Bingeman
- 8/14 Veronica Elder
- 8/21 Courtney Romaniw
- 8/25 Sheila Buch & Deborah Gress
- 8/27 Heather Barnhart

Outings in AUGUST

NURSING CARE:

We are going to be having a special picnic just for you! Family and friends are invited to join you and enjoy a picnic meal. No RSVP needed! Just come out and have fun! This will take place on Thursday, August 19th from 4:30p-6p

PERSONAL CARE:

Shopping trips Monday and Fridays at 9am.
Resident Council is August 4th at 12:30pm in the Chapel

There's lots of fun and exciting things happening! Make sure to look at your calendars!

August 11th - Park City Shopping Trip 12pm

APARTMENTS AND COTTAGES:

Shopping trips Monday and Fridays at 9am.

August 11th - Park City Shopping Trip 12pm

August 12th - Town Hall Meeting at 2pm in the chapel

August 12th - Trip to the Jigger Shop in Mount Gretna bus leaves at 1pm

August 16—Lunch Outing to Country Table Restaurant in Mount Joy bus leaves at 10:45a

August 17th—Cottage Social starts at 1pm in the Community Room

August 22nd - Coleman Park Concert in Lebanon with the Palmetto Quartet. Bus leaves at 6:15p please bring lawn chairs!

August 25th—3rd Annual UZRC Car Cruise cars start arriving at 6pm. If you have a car you'd like to show off or have a friend that would please let Jessica know!

August 28th—Peach Festival at Lititz United Methodist Church Have your evening meal and enjoy a program! bus leaves at 3:45pm



The 3rd Annual UZRC Car Cruise is headed our way!

Don't be a square! Come out **Wednesday, August 25th from 6pm until dark!** We're going with a '50's theme so dress in your best 50's attire. The best dressed will win a prize.

Phil's Diner will be open for business, ladies from the Red Rose City Chorus will be cruisin' around singing for us and it's a great time to meet new friends or hang out with old ones!

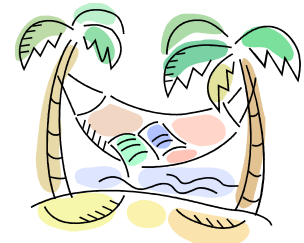
If you or someone you know has a car they would like to show please sign up in the Activity Room! Dash plaques will be given to the first 50 cars. You'll also have a chance to vote for your favorite car!



Mr. Boose will be returning for a slideshow of his many travels on **August 19th at 2pm!**

Find the Beach Items!!

Go on the hunt for 15 Beach related items scattered around UZRC! They could be found almost anywhere in the common areas of the main building! The first person to tell Jessica where they are located will receive a prize!



Celebrate a Day at the Beach on Monday, August 30th! Dress in your favorite beach wear and get ready for a fun filled day of sun and sand!

We will have a special concert with Dan Martin, Beach Volleyball plus a contest for the most beachy attire!

The youth from the **White Oak Church of the Brethren** will be here for a special concert on **Tuesday, August 10th at 7pm** in the activity room. Also this month the **Mount Calvary Church in Elizabethtown** will be here to offer a special program on **Wednesday, August 18th at 2pm** in the chapel.

Calling all Senior Einstein's! You don't want to miss this new club! Come out **Monday, August 16th** to see what staff scientist Becky has up her sleeves!

Big Valley Men's Chorus will replace our Sunday morning worship service on **Sunday, August 22nd** at 10am in the Activity Room.